



LLOYD HIGH SCHOOL BREAKFAST Menu

January 2019



Mon	Tue	Wed	Thu	Fri
<p><i>*Each Day Students are offered the following Options:</i> For Better Health Eat 5 servings of Fruits or Vegetables Daily</p>				
	1	2	3	4
<p>***Menu subject to change due to food availability</p> <p>USDA Nondiscrimination Statement This Institution is an Equal Opportunity Provider</p>	Winter Break	Winter Break	<p>Sausage Pancake Nuggets (3) Cocoa Puffs Cereal Bar Cinn Donut Holes (6) Kellogg's Poptarts Nutrigrain Blueberry Bar</p> <p>Juice: Apple/ Grape/ Orange Craisins/ Fresh Pear/ Raisels</p> <p>1% or FF white milk</p>	<p>Blueberry Bagel w/ Cream cheese Blueberry Muffin Iced Cinnamon Roll Kellogg's Poptarts BK Chicken Patty on Slider</p> <p>Juice: Apple/ Grape/ Orange Diced Peaches/ Fresh Apple/ Raisins</p> <p>1% or FF white milk</p>
7	8	9	10	11
<p>Tony's Sausage Gravy BK Pizza Mini Strawberry Cr Cheese Bagel Dannon Yogurt w/ granola Kellogg's Poptarts NutriGrain Cereal Bar</p> <p>Juice: Apple/ Grape/ Orange Raisels/ Pear Halves/ Fresh Orange Qtrs 1% or FF white milk 1%</p>	<p>Build Your Own Parfait Blueberry Muffin Kellogg's Poptart Mini Powdered Donuts Sausage Patty w/ Biscuit</p> <p>Juice Apple/ Grape/ Orange Applesauce Cup/ Fresh Apple/Raisins 1% or FF white</p>	<p>Mocha Cooler/ Iced Roll Choc Chip Granola Bar Mini Choc Donuts Dutch Waffles Kellogg's Poptarts Trix Cereal</p> <p>Juice: Apple/Grape/ Orange Craisins/ Banana/ Raisiels</p> <p>1% or FF white milk</p>	<p>Sausage Pancake on a stick Cinnamon Toast Cereal Bar Kellogg's Poptarts Goody Ring Donuts Dannon Yogurt w/ Disney Grams Juice: Apple/ Grape/ Orange Raisins/ Mixed Fruit/ Apple</p> <p>1% or FF white milk</p>	<p>Pancakes w/ syrup Caramel Cooler/ Iced Roll NutriGrain Cereal Bar Kellogg's Poptarts Trix Cereal Bar</p> <p>Juice: Apple/ Grape/ Orange Craisins/ Raisins/ Fresh Pear</p> <p>1% or FF white milk</p>
14	15	16	17	18
<p>Tony's Sausage Gravy BK Pizza Cocoa Cherry Bar Kellogg's Poptarts Iced Cinnamon Roll Nutri Grain Cereal Bar</p> <p>Juice: Apple/ Grape/ Orange Craisins/ Diced Peaches/ Raisins</p> <p>1% or FF white milk</p>	<p>Sausage Patty w/ Biscuit French Toast Sticks Kellogg's Poptarts Powdered Donut Holes 2.6oz PBJ</p> <p>Juice: Apple/ Grape/ Orange Raisins/ Apple/ Applesauce Cup</p> <p>1% or FF white milk</p>	<p>Cheese Omelet w/ Toast Mocha Cooler/ Iced Roll Choc Muffin Mini Choc Donuts Cocoa Cherry Bar</p> <p>Juice: Apple/ Grape/ Orange Craisins/ Pear Halves/ Banana</p> <p>1% or FF white milk</p>	<p>Tony's Sausage Gravy BK Pizza Dutch Waffle Kellogg's Poptarts Cinna Toast Cereal Bar Build Your Own Parfait</p> <p>Juice: Apple/ Grape/ Orange Raisels/ Orange qtrs./ Fr esh Pear</p> <p>1% or FF white milk</p>	No School In Service
21	22	23	24	25
No School MLK Holiday	<p>Cinnamon Toast (2) Cherry Cocoa Bar Kellogg's Poptart Mini Choc Donuts Mocha Cooler/ Iced Roll</p> <p>Juice: Apple/ Grape/ Orange Craisins/ Fresh Apple/ Raisels</p> <p>1% or FF white milk</p>	<p>2.6oz PBJ Build Your Own Parfait Cheese Omlet w/ Toast Kellogg's Poptarts Trix Cereal</p> <p>Juice: Apple/Grape/Orange Craisins/ Fresh Banana/ Raisins</p> <p>1% or FF white milk</p>	<p>Sausage Pancake Nuggets (3) Cocoa Puffs Cereal Bar Cinn Donut Holes (6) Kellogg's Poptarts Nutrigrain Blueberry Bar</p> <p>Juice: Apple/ Grape/ Orange Craisins/ Fresh Pear/ Raisels</p> <p>1% or FF white milk</p>	<p>Blueberry Bagel w/ Cream cheese Blueberry Muffin Iced Cinnamon Roll Kellogg's Poptarts BK Chicken Patty on Slider</p> <p>Juice: Apple/ Grape/ Orange Diced Peaches/ Fresh Apple/ Raisins</p> <p>1% or FF white milk</p>
28	29	30	31	
<p>Tony's Sausage Gravy BK Pizza Mini Strawberry Cr Cheese Bagel Dannon Yogurt w/ granola Kellogg's Poptarts NutriGrain Cereal Bar</p> <p>Juice: Apple/ Grape/ Orange Raisels/ Pear Halves/ Fresh Orange Qtrs 1% or FF white milk 1%</p>	<p>Build Your Own Parfait Blueberry Muffin Kellogg's Poptart Mini Powdered Donuts Sausage Patty w/ Biscuit</p> <p>Juice Apple/ Grape/ Orange Applesauce Cup/ Fresh Apple/Raisins 1% or FF white</p>	<p>Mocha Cooler/ Iced Roll Choc Chip Granola Bar Mini Choc Donuts Dutch Waffles Kellogg's Poptarts Trix Cereal</p> <p>Juice: Apple/Grape/ Orange Craisins/ Banana/ Raisiels</p> <p>1% or FF white milk</p>	<p>Sausage Pancake on a stick Cinnamon Toast Cereal Bar Kellogg's Poptarts Goody Ring Donuts Dannon Yogurt w/ Disney Grams Juice: Apple/ Grape/ Orange Raisins/ Mixed Fruit/ Apple</p> <p>1% or FF white milk</p>	