

**Annual Nutrition and Physical Activity Report
Erlanger-Elsmere Schools Findings and Recommendations**

Area of Assessment: NUTRITION

Findings:

Module 4 - Nutrition

Do school nutrition services staff members use three or more of the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?

Collaboration between nutrition services staff members and teachers needs improvement at the elementary level (categorized as partially in place, under development, and not in place on the school assessments).

Recommendations:

No policy changes required. District leadership will work with school leadership to facilitate the development and implementation of the following three activities:

- Display educational and informational materials that reinforce classroom lessons
- Provide ideas for classroom nutrition education lessons
- Classroom tour of cafeteria or meet and greet with school nutrition staff

Area of Assessment: Physical Activity/Physical Education

Findings:

Module 3 - Physical Education and Other Physical Activity Programs

Availability of physical activity breaks in classrooms

Are all students provided opportunities to participate in physical activity breaks in classrooms, outside of physical education, recess, and class transition periods?

Opportunities to participate in physical activity breaks in classrooms is inconsistent across the district (categorized as partially in place, under development, and not in place on the school assessments)

Recommendations:

No policy changes required. District leadership will work with school leadership to facilitate awareness of the academic benefits of physical activity breaks in the classroom and more consistent implementation of physical activity breaks in classrooms through school processes, procedures, and policies (SBDM).