

**2018-2019 Annual Nutrition and Physical Activity Report  
Erlanger-Elsmere Schools Findings and Recommendations**

**Area of Assessment: Physical Activity/Physical Education**

**Findings:**

*Module 3 - Physical Education and Other Physical Activity Programs*

*[ES Only] Do all students in each grade receive physical education for at least 150 minutes per week throughout the school year?*

- *Schools Fully Meeting at Current - 1 school*

**Recommendations:**

No policy changes required. Current Board Policy 09.2 Student Welfare and Wellness states, *"The policy may permit physical activity to be considered part of the instructional day, (not to exceed thirty (30) minutes/day or 150 minutes/week) and also in compliance with the school calendar regulation, [702 KAR 007:140](#) and Board Policy 08.1346."* This sets 150 minutes as the maximum amount permitted, not the minimum.

**Area of Assessment: Nutrition**

**Findings:**

*Module 4 - Nutrition Services*

*Is your school implementing any Farm to School activities?*

- *Schools Fully Meeting at Current - 0 schools*

**Recommendations:**

School Food Service Director, in collaboration with School Cafeteria Managers and Principals, will continue to explore options for implementing Farm to School activities as appropriate for grade level curriculum and consistent with Food Service Department guidelines.